

PFF19-2240

**DESCRIPTION** 

### **Upper Engine Mount Insert**

#### **INSTALLATION GUIDE**

## Contents (parts per pack):

#### 1 x Polyurethane Insert

Please read the complete fitting instructions and check package components before fitment. These fitting instructions are to be used as a guide and in conjunction with workshop manual. It is recommended that:

- -all work to be carried out by a licensed technician;
- -all safety precautions adhered to;
- -wheel alignment to be checked and adjusted as required after any suspension work.
- -All fasteners must be tensioned to manufacturer's torque settings.

# **Fitting Instructions:**

- 1. Support the engine from underneath using a trolley jack or axle stand.
- 2. Remove the upper engine mount from the vehicle.
- 3. Pressing the insert into the voiding from the rear of the mount, ensure that the curved lip is facing downwards as shown in Fig. 1.
- 4. Press the insert into the mount until the lip locates into the body of the mount as shown in Fig.2. This will sit behind the aluminium housing to prevent the insert from coming out.
- 5. Re-fit the fully assembled mount back to the vehicle and tension all hardware to the manufacturers recommended torque settings.



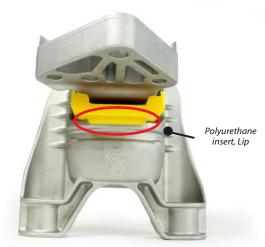


Figure 1



Figure 2

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